



A FORUM ON  
**YOUTH MENTAL HEALTH**  
IN THE DIGITAL ERA

**SEPTEMBER 24**  
**5:30 P.M.**

**Lebanon Junior High**  
**160 Miller Road, Lebanon**

Join us as we come together as a community to learn how we can equip ourselves with the knowledge and tools to support our children and protect their mental health during the digital era.

The forum will feature expert panelists from Cincinnati Children's Medical Center, 1N5, and MindPeace. They will share valuable insights, and you'll walk away with:

- Increased awareness of youth mental health trends
- Parenting strategies for supporting children
- Resources for addressing mental health challenges, school performance, and digital citizenship



all parents and caregivers are invited to attend!



Please RSVP using this link <https://tinyurl.com/mr45dc6y> or QR code